

PUPPY SOCIALISATION BINGO DURING COVID-19

Every owner wants a happy, sociable, and contented dog. To help your puppy gain confidence around new environments, sounds, people, animals and objects, we need to make these experiences as positive as can be.

By using fun and food, you can help introduce new experiences to your puppy during COVID-19 using this Puppy Bingo Game card.



CLINICAL ANIMAL
BEHAVIOURIST & TRAINER
Nurturing Pet & Owner Relationships



RULES

- 1. Use food, fun and calm praise when introducing these new experiences.
For example, when puppy sees or hears a person / dog / object, give them a treat and or play with a favourite toy.
- 2. Play the Bingo Game at your puppy's pace.
- 3. Keep any training short – no more than 5 minutes at a time.

Take your puppy to the park & watch others from afar	Dress up in costume or wear different items (incl. masks) daily	When your puppy spots a dog, give puppy a treat	Hear / see household items (e.g. Hoover, broom)	Gently introduce ear / teeth checks	Arrange for neighbours to say “Hi” from a distance	Create a puppy safe sniffing / digging spot in the garden	Play hide ‘n’ seek
Teach puppy to settle on their bed	Listen to recordings of people chatting	See at least 5 different animals from afar	Scatter puppy’s food about the garden	Encourage family members to gently handle puppy	Relax with your puppy	See / hear dogs on the TV	Hold a treat high above puppy’s head. Wait for all 4 paws to be on the floor, then praise & treat
Listen to the washing machine / dishwasher	Ride in the car at least 5 times	Spot 5 different aged people (e.g. baby, toddler, child, teen, adult, pensioner)	Disappear for 3 seconds as puppy eats. Overtime, slowly increase duration	Listen to children laughing / screaming / crying	Learn 5 common signs of stress in dogs	Praise & treat puppy when they gently touch your hand	Play / feed puppy near or in very shallow water
Create platforms made of different textures for puppy to walk across	Let puppy see moving items (e.g. scooters, cars, children’s toys)	Create a sensory area - fill pots with ornamental grasses & lavender	Change your appearance - wear a wig / draw on a moustache or beard	Enjoy a quick game of tug	Blow bubbles for your puppy to chase	Hide treats in shallow boxes	Gently brush puppy & give them a chew as you groom
Let puppy interact with 10 different objects (e.g. saucepan, bottle)	Teach your puppy to wear their harness	Use 1/3rd of puppy’s daily food for training	Use food puzzle toys daily	Carry bulky items around the house (e.g. umbrella, cane, boxes)	Listen to sounds of traffic as puppy plays	Practice calmly having the lead put on / off	Listen to sounds of fireworks / bangs at lowest volume. Overtime, slowly increase volume
Say puppy’s name & treat for eye contact	Teach puppy to be gentle when taking treats	Knock at the door / ring & feed puppy treats on their bed	As puppy eats from the bowl, drop in a tastier treat	Let your puppy experience different types of weather	See / hear wheelie bins being moved	Re-arrange furniture or add new items into the room	Let puppy explore under and over objects



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